

Resources

[The National Child Traumatic Stress Network - Trauma Informed Care](https://www.nctsn.org/trauma-informed-care)

<https://www.nctsn.org/trauma-informed-care>

[Dr. Nadine Burke Harris - How childhood trauma affects health across a lifetime](https://www.youtube.com/watch?v=95ovlJ3dsNk)

<https://www.youtube.com/watch?v=95ovlJ3dsNk>

[COVID-19 Racial Health Disparities Highlight Why We Need to Address Structural Racism](https://www.urban.org/urban-wire/covid-19-racial-health-disparities-highlight-why-we-need-address-structural-racism)

<https://www.urban.org/urban-wire/covid-19-racial-health-disparities-highlight-why-we-need-address-structural-racism>

[Racism and COVID-19 are a lethal combination by Rev. Dr. William J. Barber II and William J. Barber III, JD](https://www.thenation.com/article/activism/environmental-racism-death-coronavirus/)

<https://www.thenation.com/article/activism/environmental-racism-death-coronavirus/>

[Embrace Race: What the COVID-19 crisis tell us about structural racism](https://www.embracerace.org/resources/what-the-covid-19-crisis-tells-us-about-structural-racism)

<https://www.embracerace.org/resources/what-the-covid-19-crisis-tells-us-about-structural-racism>

[COVID-19 Considerations for a Trauma Informed Response for Work Settings \(Organizations/Schools/Clinics\)](https://traumainformedoregon.org/wp-content/uploads/2020/03/Considerations-for-COVID-19-Trauma-Informed-Response.pdf)

<https://traumainformedoregon.org/wp-content/uploads/2020/03/Considerations-for-COVID-19-Trauma-Informed-Response.pdf>

[Helping Children Cope With Changes Resulting From COVID-19](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19)

<https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19>

[How to Talk to Youth About COVID-19](https://b9ff01f9-41db-44d5-aeed-ff47c604e9ef.filesusr.com/ugd/c90dcc_d2eb2c5d059841b78d0e7f27ee103111.pdf)

https://b9ff01f9-41db-44d5-aeed-ff47c604e9ef.filesusr.com/ugd/c90dcc_d2eb2c5d059841b78d0e7f27ee103111.pdf

[Youth INC - Work From Home Strategies for Youth](https://b9ff01f9-41db-44d5-aeed-ff47c604e9ef.filesusr.com/ugd/c90dcc_59116e6465ce46e8906bfa1c6186bdcb.pdf)

https://b9ff01f9-41db-44d5-aeed-ff47c604e9ef.filesusr.com/ugd/c90dcc_59116e6465ce46e8906bfa1c6186bdcb.pdf

[Talking to Kids About the Coronavirus](https://childmind.org/article/talking-to-kids-about-the-coronavirus/)

<https://childmind.org/article/talking-to-kids-about-the-coronavirus/>

Resources

[How to Recognize and Respond to Your Child's Stress & Anxiety](#)
[Asset Edu](#)

[How do you help a grieving friend \(Video\)](#)
<https://youtu.be/l2zLCCRT-nE>

[Children & Grief Guidance & Support Resources\)](#)
<http://www.scholastic.com/snp/childrenandgrief-5.htm>

[Addressing Grief: Tips for Teachers and Administrators](#)
<https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/mental-health-resources/addressing-grief/addressing-grief-tips-for-teachers-and-administrators>

[NYC WELL - Text, Call, Chat](#)
<https://nycwell.cityofnewyork.us/en/>

[New York State Domestic and Sexual Violence Hotline 1-800-942-6906, NYC: 1-800-621-HOPE \(4673\)](#)
<https://opdv.ny.gov/help/dvhotlines.html>